

## ♥ Snippets of Encouragement #243

Hello darlings

It is day 243 of Snippets of Encouragement, and I'm sure you've heard this saying before, "you should draw the line" or "they don't know how to toe the line."

Primarily both idioms refer to accepting the rules and restrictions in certain situations or the broader sense, conforming to societies expectations of you.

I recently had a conversation with my niece about the new single from Madonna. In her opinion, Madonna is too old to be making this kind of music, and she should retire.

As Madge is closer to my age than hers, I had to think to myself, "Seriously, niece? What the fuck?!"

Someone else joined the conversation and then added that "that woman just doesn't know when to draw the line."

If you've been listening to these snippets for a while, you will know how I feel about self-expression and living in freedom, so this comment really got my blood pumping.

I am not one to get on the "woe is me, or women's lib" wagon but I have to seriously question the fucked up way in which we as women are so willing to constrict and constrain ourselves and one another.

For heaven's sake, it is 2019, not 1919 when women we fighting for the suffragette or the right to wear a dress above their ankles.

I believe wholeheartedly in allowing others the freedom to express themselves and live their lives how they choose. In the case of a public figure, if I don't like their actions, I don't need to consume their content. In the case of people closer to me, if someone treats with me in an inappropriate manner, I will handle that accordingly. However, placing restrictions on others, or trying to get them to toe the line is not what you or I am here to do.

I know that how we view the world and what others are doing in their lives is a reflection of how we see ourselves in our lives. If we are willing to force others to toe the line, then we're definitely toeing the line in our own lives.

This saddens me deeply. It reminds me of the circus elephant who is tied stationary in place by a rope and a little peg in the ground. It spends its whole life in one



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place controlled by a puny line and bolt, and it does not realize that it's a giant elephant, the largest most powerful terrestrial animal on the planet.

It has been conditioned to toe the line quite literally and will remain enslaved and obedient to the rope and peg its whole life.

We can be like that elephant, or we can awaken and realize that the same power that keeps the stars, moon, and sun in orbit is within you and me.

One thing that has undoubtedly progressed since 1919 is our need to share our unsolicited opinions about the lives and actions of others.

Simone Elkeles said, "Opinions are like assholes, everyone has one, but they think each others stink." How true is that? None of us shits eau de cologne and therefore don't have the right to act as if we do.

Life is in itself a messy business, can't we just allow one another the freedom to give it our best shot, create our beautiful lives, and expand into the fullness of who we are?

It's time for all of us to do just that, so I want to encourage you today darling to challenge yourself and stop toeing the line. Those areas where you've conformed and you know it's unaligned with your heart's desire, pull up that restricting peg and remember who you are! You are the elephant in the room of your own life darling, so stop acting like a friggen mouse!

As for the opinions of others, when you stop judging yourself, you will notice that you're unwilling to accept the judgements of others. If you ever played hopscotch as a kid, you will remember that it consisted of many lines drawn in box formations. It's time for you to hopscotch out of the box and into your own perfect creation, don't toe the line. Do you to the best of your ability, that's what you're here to do!

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