

## ♥ Snippets of Encouragement #235

Hello darlings

It is day 235 of Snippets of Encouragement, and as you no doubt, realise from these snippets, I've been thinking a lot about consciousness, expansion, freedom, and human potential lately.

It's most likely because I want to live fully conscious, be free, and expand fully into my potential. Then again I have to wonder, don't we all want that?

What do you think? Is this what you want in your life too, darling?

I don't think that absolute freedom exists anywhere on this planet. While there may be some people who are free within themselves, they are in some way constricted by the society in which they live.

Humanity has created structures and strictures as a means to control one another and live in some form of harmony together. However, most of these structures have only enslaved us and created immeasurable pain and suffering in the human experience.

In many parts of the world we have now created, a system we call democracy and this is a measure for how free a society is, but is democracy truly an indication that a nation is free?

I think not.

When we are enslaved in our minds, regardless of what society around us calls freedom, we are still not free.

As you know, I recently travelled to Berlin to vote in the South African election and this week is the European election. While I can't participate in the EU election, I do wonder if playing this game is of any value to us in the larger scheme of things.

My question is philosophical. In a universe of unlimited potential and choice, are we free when we only have limited options of representatives or parties to choose from in an election? The answer is obviously no. How can you create unlimited freedom from limited choice; that can never and will never happen.

Therefore, how do we exercise freedom of choice and live in

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freedom, when we live in a glass menagerie of sorts.

It comes down to creating freedom within, living in consciousness and taking responsibility for ourselves.

When we start to see that we are all one, that I am in you and you're in me, this is when our awareness and consciousness awakens, and a paradigm shift occurs.

What we are doing in our democracies is creating a whole lot of sameness and not protecting and appreciating the diversity of the human condition. When we know that we're all different why the hell would we think that being the same, acting the same, thinking the same is the pathway to freedom.

Honestly, some days I think our stupidity knows no bounds!

Wanting the best for someone does not mean that they must make the same choices as you. We know this theoretically, but when we start to comprehend this consciously, our mindset towards freedom changes.

I know that we're not ready as a species to make a massive leap into living consciously and free. It's a sad reality; nevertheless, each of us can create more freedom within ourselves each day.

When you see that you can make any choice you like with conscious awareness and then bear the responsibility for that choice, that immediately creates a vibrational shift within. When you see that those around you have the same ability and that our responsibility is to allow them to exercise their choice, things shift within.

You see, I am not here to hinder you in any way. I hope that you will consciously create the best life that you're able to create. I desire that you will know boundless pleasure and freedom in your life and that you will experience bliss as you live each day. This is my greatest desire for you. When I release my concept of what is best for you and accept your choice, not only do I create more freedom within myself, but you're also free from the chains of my expectation of you.

Today look at how you can let another person be free in the choices they make. Be it the guy that makes "illegal" moves in traffic, the woman who parents differently to you, or the girl whose makeup is too brash and whose skirt is too short, or the boy whose smoking way too young.

Look at all the choices they are making and release your criticism and judgement of how they're choosing life, let them be free. Notice the inner shifts this creates within you. When you practice this for a while, you will not only create more freedom within yourself, but you will be able to be freer in your life.

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