

♥ Snippets of Encouragement #62

Hello darlings

It is day 62 of Snippets of Encouragement, and I want to keep this short and sweet today.

Yesterday I was chatting with a friend about her current employer in her new job. Apparently, she is a nasty, critical person who is highly critical to my friend and all of those around her.

She attended a meeting with her boss and walked into the room first. All of those present took the opportunity to find out how she is doing and to make it clear that they did not like the woman.

My friend then told me that she found it hard to take on all the criticism the woman shoots at her and she noticed that she too is quite critical of her boss's behaviour.

As I was listening to her I had a clear picture in my mind of how my friend needs to conduct herself and I've realised this wisdom is of value to all of us, so I would like to encourage you with it today.

Focus on being you and let others be themselves. I know this is easier said than done because we have these crazy tendencies to fall into collective behaviour and thought patterns. However, we are individuals who need to take responsibility for how we show up in the world and afford others the pleasure of doing the same. None of us came here to earth to change other people; we came here to experience and express our divinity in human form. Nothing more, nothing less. Our experience and expression does not need to include changing others.

As I spoke to my friend, I saw her take on the shape of a silver bullet. It was not in the shooting position, but rather it stood upright. I saw her passing through the world, ensconced in her uniqueness wherein at the core of her being she was strong and secure. She passed through the world quite unaffected by what others were shooting her way or trying to hang on her.

I would like to encourage you to strengthen your core. Stand tall in who you are, do you and let others get on with doing them. So often, we become enmeshed in trying to avoid the arrows of others, or change them or shoot them back. When we are safe and secure within our own being we don't have to focus on what others are doing cause it's a lot more fun doing us.



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We need to regularly remind ourselves of this simple fact; someone else's shit is theirs. Don't take it on or get involved in trying to sanitise it. Focus on yourself while accepting other people as they are.

If you've enjoyed reading this snippet of encouragement there are three things you can do. **SHARE** it with a friend. **ENCOURAGE** another person today. SIGN UP using <http://eepurl.com/dlt8Fj> to receive the Snippets live to your inbox each day.

