

♥ Snippets of Encouragement #52

Hello darlings

Today is day 52 of Snippets of Encouragement, and I want to encourage you to go on a great adventure.

I am not suggesting that you pack your bags and go climb the Himalayas or venture to the African plains on a safari. Although, those things would make for wonderful adventures.



The adventure I am speaking of is the adventure of your life. Your personal journey with yourself and who you are becoming.

I am always amazed when I see people of a certain age who think that they have arrived. That they are who they are, they have learned all there is to be learnt and their lives are set.

I am not even talking of old people! I have seen kids as young as 19 think that they know all there is to know about themselves and their lives and that's it.

What an absolute hell that must be to have such a closed mindset and not be open to the possibilities and opportunities that life has to offer us.

Today I was chatting with a friend about giving money to homeless people on the streets. He told me that whenever he goes into London he always takes large amounts of money with him to hand out to the homeless on the streets.

He mentioned that other people think he's crazy because it's a well established fact (according to his critics) that homeless people don't appreciate the money and will use it for drugs and alcohol.

I have always held the belief that when we give with an open and free heart, it is not our place to dictate how the receiver of our gift will use what they have been given. Once it is freely given, the responsibility no longer resides with us; it is now incumbent on the receiver to use the gift as they choose.

To me the greatest gift that any of us have received is the gift of life. We are entitled to do with our lives as we wish. The choices we make are purely our own. All of our creations are fully our responsibility. Of course, there are those that don't believe this, but that doesn't change the facts.

So here, we have this incredible gift with every possibility to choose, and yet we often don't make powerful choices for ourselves.



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We don't continue to grow, and discover ourselves, or try new experiences. We become stuck in our ruts, doing the same things. We lose touch with who we are or what we desire in life. In fact, many times we lose our desire for life. We stop wanting to experience and explore. I know I have done this and perhaps you have too.

Each of us has the opportunity to continue learning and developing until the day, we die. The relationship we have with ourselves is literally a life long commitment. If you were not in an intimate, loving relationship with yourself, I would encourage you to start now. This is the most meaningful relationship you will ever have in your life, so please don't neglect it.

Therefore, as a challenge for today I encourage you to think of one new adventure you would like to take yourself on over the next few weeks. It can be anything that grabs your interest. Commit to it and start doing it because life is for living, so let's do that!

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