

## ♥ Snippets of Encouragement #23

Hello darlings

It is day 23 of Snippets of Encouragement, with only another 342 to go. As I am saying that a part of me feels somewhat overwhelmed while another understands that before I know it, poof this year of encouragement will be over.

I can say that with quite a lot of authority because I am in the process of another huge one year project namely, A Letter a Day.

In October 2017, I decided I wanted to discover what it would be like to write one handwritten letter a day, for a year to a different person each day.

When I started on January 1<sup>st</sup> 2018, I honestly felt a little overwhelmed. While I felt excited about the adventure ahead, as my hand cramped I did wonder what the hell I'd gotten myself into. Another 364 days seemed like a VERY long time.

On that day in January I had no idea how the scope of the project would expand, how I would have more than 365 people to write to; how on some days I would be writing two or even three letters a day.

Yet what I did was remain excited and curious about the journey and I showed up each day to write my letter.

Now I've gotta be honest with you... my letters were not all profound, or great works of satire or literature. In fact, some days they were just the random ramblings of my mind, but I did not allow this to halt me on my quest. I showed up and I followed through on my commitment to myself and the people invested in my project.

This coming weekend we are approaching day 300 of the year. That means that I only have 365 days left on my beautiful quest. I remember when I reached day



100, it seemed like such a huge milestone with such a long way still to go. Yet I am entering the home stretch and feeling slightly melancholy about it all.

What I've experienced from gigantic, inspired feats is this: **while they appear extraordinary and insurmountable, you step into the extraordinary one-step at a time.**

When we show up and step in the direction we want to go, we will reach our destination. The manner in which we reach that destination may not be as expected, but with consistency, and a

whole lot of chutzpah we get there. Extraordinary is not for the faint hearted, it's for



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the brave hearted and the brilliant new is this: each and every one of us has a Braveheart, we just need to own it.

Therefore, as I conclude this 23<sup>rd</sup> snippet of encouragement with another 342 to go, I choose not to be overwhelmed by the scope of it all. Yes, it is a lot of work. The writing, audio and visual production, the cross content sharing, getting the message out into the world... it all seems to be a huge task. And yet I shall remind myself WHY I am doing this – I want to uplift, encourage and inspire others. I want to grow, let my light shine and be my best me. I want to change the world one snippet at a time because as I share my light with you, you blend it with your light and you shine brightly in your world. And so we all bring more light into the world, one snippet, one step at a time.

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