

♥ Snippets of Encouragement #19

Hello darlings,

Today on day 19 of Snippets of Encouragement, I would like to share with you some profound wisdom from my friend Sarah Arrow.

We were talking about being visible in the world and letting people see us for who we are and what we do. She said to me, 'If you have a gift and you don't share it and you turn it inwards, it corrodes you.'

OMG! Is that not powerful?

Think about it, a gift not shared corrodes you.

I had to ask her to be quiet for a while as I let that sink in and even as I am sharing this with you, I feel a need to let her wisdom permeate me once more.

You all know I fully believe that my life IS about me and that I need to inhabit it and express myself through it each day. It goes without saying that your life is fully about you, but at the same time the human experience is a shared experience. We simply function best when we are connected to one another and in community with each other.

Therefore, our natural talents and gifts are meant not only for us to use and enjoy, but also to share with one another.

Whenever I think of a natural gift or talent, I always associate the word shine with it. In this context shine is a verb, it's not a descriptive word it's a doing word, that means we need to act. We need to do something with our gifts; otherwise, as Sarah said they become corrosive.

Think about how the sun shines through a window. If there is furniture in the room after a period, it will discolour. The wood will lighten, the fabric will become paler, and the floorboards discolour. Essentially the light of the sun, regardless of how bright it is, corrodes the contents of that room.

Now imagine what happens emotionally, mentally, spiritually and physically to us when we are not sharing our gifts with the world. The power that is within slowly corrodes away at us because it has no outlet, nowhere to shine.

The emotion I feel within myself as I am writing this is a deep sense of disappointment and regret. A sense of a life wasted, not lived. Yes there are times when each of us have not shone, we have not shared our gifts with others, we



♥ Snippets of Encouragement #19

have been scared and chosen to hold within that which should be let out. We have slowly corroded ourselves...

Yet each day is a new opportunity to create and live our lives. Each day is a new opportunity to do things differently. Today is a new opportunity to share your gift with the world and to shine.

Imagine for a moment if a little glow worm never glowed. Oh what a catastrophe, what a waste of purpose and life.

Be encouraged today to share your gifts with the world. Let others benefit from the best that is within you, and as you share your light goes out into the world and it brings more hope, light and love to those around you.

SHINE TODAY! SHINE BRIGHTLY! JUST SHINE!

If you've enjoyed reading this snippet of encouragement there are three things you can do. **SHARE** it with a friend. **ENCOURAGE** another person today. **SIGN UP** using <http://eepurl.com/dlt8Fj> to receive the Snippets live to your inbox each day.

